

DAMER, KORTBANE		BRONZE		SØLV		GULD			
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN	ELITE
CRAWL									
50						0:29,72	0:27,45	0:26,38	0:25,52
100	2:09,75	1:45,77	1:33,27	1:21,74	1:14,03	1:05,73	1:00,70	0:58,34	0:56,43
200	4:43,95	3:51,47	3:24,11	2:58,88	2:42,01	2:23,85	2:12,83	2:07,68	2:03,50
400	9:56,98	8:06,64	7:09,13	6:16,07	5:40,60	5:02,42	4:39,26	4:28,43	4:19,65
800	20:31,97	16:44,25	14:45,57	12:56,09	11:42,88	10:24,09	9:36,30	9:13,95	8:55,83
1500	39:06,12	31:52,47	28:06,46	24:37,96	22:18,54	19:48,50	18:17,48	17:34,92	17:00,42
RYG									
50						0:34,36	0:31,73	0:30,50	0:29,50
100	2:25,37	1:58,50	1:44,50	1:31,58	1:22,94	1:13,64	1:08,00	1:05,37	1:03,23
200	5:09,50	4:12,29	3:42,47	3:14,97	2:56,58	2:36,78	2:24,78	2:19,16	2:14,61
BRYST									
50						0:38,55	0:35,60	0:34,22	0:33,10
100	2:42,66	2:12,59	1:56,92	1:42,47	1:32,80	1:22,40	1:16,09	1:13,14	1:10,75
200	5:46,33	4:42,32	4:08,95	3:38,17	3:17,59	2:55,44	2:42,01	2:35,73	2:30,63
FLY									
50						0:31,95	0:29,50	0:28,36	0:27,43
100	2:20,67	1:54,67	1:41,12	1:28,62	1:20,26	1:11,26	1:05,80	1:03,25	1:01,18
200	5:08,80	4:11,72	3:41,97	3:14,53	2:56,18	2:36,43	2:24,45	2:18,85	2:14,31
IM									
100	2:27,49	2:00,22	1:46,02	1:32,91	1:24,15	1:14,71	1:08,99	1:06,32	1:04,15
200	5:17,83	4:19,08	3:48,46	3:20,22	3:01,33	2:41,01	2:28,68	2:22,91	2:18,24
400	11:09,03	9:05,37	8:00,92	7:01,46	6:21,71	5:38,92	5:12,96	5:00,83	4:50,99