

DAMER, LANGBANE		BRONZE				SØLV		GULD	
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN	ELITE
CRAWL									
50						0:30,22	0:27,95	0:26,88	0:26,02
100	2:11,75	1:47,77	1:35,27	1:23,74	1:16,03	1:07,73	1:02,70	1:00,34	0:58,43
200	4:47,95	3:55,47	3:28,11	3:02,88	2:46,01	2:27,85	2:16,83	2:11,68	2:07,50
400	10:04,98	8:14,64	7:17,13	6:24,07	5:48,60	5:10,42	4:47,26	4:36,43	4:27,65
800	20:47,97	17:00,25	15:01,57	13:12,09	11:58,88	10:40,09	9:52,30	9:29,95	9:11,83
1500	39:36,12	32:22,47	28:36,46	25:07,96	22:48,54	20:18,50	18:47,48	18:04,92	17:30,42
RYG									
50						0:34,86	0:32,23	0:31,00	0:30,00
100	2:27,37	2:00,50	1:46,50	1:33,58	1:24,94	1:15,64	1:10,00	1:07,37	1:05,23
200	5:13,50	4:16,29	3:46,47	3:18,97	3:00,58	2:40,78	2:28,78	2:23,16	2:18,61
BRYST									
50						0:39,55	0:36,60	0:35,22	0:34,10
100	2:45,16	2:15,09	1:59,42	1:44,97	1:35,30	1:24,90	1:18,59	1:15,64	1:13,25
200	5:51,33	4:47,32	4:13,95	3:43,17	3:22,59	3:00,44	2:47,01	2:40,73	2:35,63
FLY									
50						0:32,45	0:30,00	0:28,86	0:27,93
100	2:22,17	1:56,17	1:42,62	1:30,12	1:21,76	1:12,76	1:07,30	1:04,75	1:02,68
200	5:11,80	4:14,72	3:44,97	3:17,53	2:59,18	2:39,43	2:27,45	2:21,85	2:17,31
IM									
100									
200	5:21,83	4:23,08	3:52,46	3:24,22	3:05,33	2:45,01	2:32,68	2:26,91	2:22,24
400	11:17,03	9:13,37	8:08,92	7:09,46	6:29,71	5:46,92	5:20,96	5:08,83	4:58,99