

HERRER, LANGBANE		BRONZE				SØLV		GULD	
	TALENT	FLIPPER	BRONZE	DELFIN	SØLV	DELFIN	GULD	DELFIN	ELITE
CRAWL									
50						0:27,12	0:25,08	0:24,13	0:23,36
100	2:13,41	1:48,30	1:29,97	1:19,42	1:10,33	1:00,89	0:56,38	0:54,27	0:52,56
200	4:48,24	3:53,94	3:14,28	2:51,47	2:31,81	2:11,38	2:01,62	1:57,06	1:53,36
400	10:12,49	8:17,01	6:52,66	6:04,16	5:22,35	4:38,90	4:18,15	4:08,45	4:00,59
800	21:07,88	17:08,73	14:14,05	12:33,61	11:07,00	9:37,02	8:54,05	8:33,96	8:17,68
1500	40:20,01	32:43,44	27:09,95	23:58,19	21:12,85	18:21,06	16:59,04	16:20,68	15:49,59
RYG									
50						0:30,01	0:27,75	0:26,69	0:25,83
100	2:24,68	1:57,42	1:37,52	1:26,07	1:16,20	1:05,94	1:01,04	0:58,75	0:56,90
200	5:17,81	4:17,86	3:34,08	3:08,90	2:47,19	2:24,63	2:13,86	2:08,83	2:04,74
BRYST									
50						0:34,64	0:32,06	0:30,86	0:29,88
100	2:44,61	2:13,64	1:51,02	1:38,01	1:26,80	1:15,15	1:09,58	1:06,98	1:04,87
200	6:00,37	4:52,48	4:02,89	3:34,38	3:09,80	2:44,25	2:32,06	2:26,36	2:21,73
FLY									
50						0:29,31	0:27,11	0:26,08	0:25,24
100	2:23,31	1:56,22	1:36,43	1:25,05	1:15,24	1:05,05	1:00,18	0:57,91	0:56,06
200	5:16,70	4:16,77	3:33,00	3:07,83	2:46,13	2:23,58	2:12,82	2:07,78	2:03,70
IM									
100									
200	5:26,33	4:24,76	3:39,78	3:13,92	2:51,62	2:28,45	2:17,39	2:12,21	2:08,02
400	11:34,67	9:23,49	7:47,68	6:52,58	6:05,08	5:15,72	4:52,16	4:41,14	4:32,21