

## NJM kravtider

### Kravtider 2008

<u>Drenge</u>		<u>Piger</u>
<u>Tid</u>	<u>CRAWL</u>	<u>Tid</u>
00:23,55	<b>50</b>	00:27,12
00:52,19	<b>100</b>	00:58,49
01:53,63	<b>200</b>	02:05,11
04:02,81	<b>400</b>	04:27,07
	<b>800</b>	09:12,89
16:00,86	<b>1500</b>	
	<u>RYG</u>	
00:27,06	<b>50</b>	00:30,05
00:57,70	<b>100</b>	01:05,08
02:06,45	<b>200</b>	02:19,38
	<u>BRYST</u>	
00:29,53	<b>50</b>	00:34,11
01:04,34	<b>100</b>	01:13,47
02:20,74	<b>200</b>	02:37,06
	<u>FLY</u>	
00:25,51	<b>50</b>	00:29,09
00:56,53	<b>100</b>	01:04,57
02:06,71	<b>200</b>	02:21,89
	<u>IM</u>	
02:07,95	<b>200</b>	02:23,84
04:32,61	<b>400</b>	05:01,73

### HOLDKAPPER

03:31,17	<b>4x100 fri</b>	04:00,73
07:47,74	<b>4x200 fri</b>	08:41,07
03:52,47	<b>4x100 hm</b>	04:26,10

Med forbehold for fejl og rettelser.